

Twenty-Fourth Sunday in Ordinary Time

We remember in our prayers all the sick, especially the following:

Ethan Cowles. Cayla Goodson. Anna & Bob Parker. Patsy Pregeant. David Barber. Pat Gallardo. Msgr. Ron Diegel. Doug Lawson. Richard & Dottie Schuetz. Tom Fabitz. Jodie Woods. Doris Hoffman. Yolanda & Eldon Boyd. Wanda & George Duke. Jean Hamilton. Kathleen Fleming. Jaye Anderson. Georgette March. Greg Mooney. Garry Fetsch. Karee Haney. Charlie Parker. Jacob Stephens. Elise Sugg. Avery Boultinghouse. We list the names of our sick Parishioners. Friends and Relatives for one month.

PLEASE NOTIFY THE CHURCH OFFICE TO REMOVE OR ADD A NAME TO THE PRAYERS OF THE SICK.

Please pray for the men and women active military service from our parish community:

Dawn Quinn, US Army PFC (Granddaughter of Jean Quinn). Reid Patrick Hope, US Marine (Nephew of Mike Stephens). 1LT Joseph Chandler, U.S. Army (Nephew of Mike & Margaret Jernigan). Jay Guajardo, Navy Rescue School (Great Nephew of Lex & Liza Forster). Staff Sergeant, Natalie York (Daughter of Steve & Julie York). Pvt First Class Randall Scheaffer US Army (Grandson of Pat Gallardo). Lt. Gary Buchanan; Capt. Blake Gaughan; 2nd Lt. Will Corrigan (Great Nephews of Jess & Eva Corrigan). Paul Moreno E4 AMT 3rd Class (Grandson of Kathy & Dale Boman). Staff Sergeant Daniel Hodan. U.S. Army (Grandson of Ron & Barbara Emma). Petty Officer 2 Rainer Hauck (Grandson of Jerry & Vicki Hauck & nephew of Jeff & Cathy Ellis).

PLEASE NOTIFY THE CHURCH OFFICE TO REMOVE OR ADD NAME & RANK TO THE ACTIVE MILITARY SERVICE.

SAINTS AND SPECIAL OBSERVANCES

Sunday: Twenty-fourth Sunday in Ordinary Time; Patriot Day; Grandparents' Day

Monday: The Most Holy Name of Mary

Tuesday: St. John Chrysostom

Wednesday: The Exaltation of the Holy Cross

Thursday: Our Lady of Sorrows

Friday: Ss. Cornelius and Cyprian

Saturday: St. Robert Bellarmine; St. Hildegard of Bingen; Blessed Virgin Mary

SAFETY

No one is safe by their own strength, but they are safe by the grace and mercy of God. —St. Cyprian

READINGS FOR THE WEEK

Monday: 1 Cor 11:17-26, 33; Ps 40:7-10, 17; Lk 7:1-10

Tuesday: 1 Cor 12:12-14, 27-31a; Ps 100:1-5; Lk 7:11-17

Wednesday: Nm 21:4b-9; Ps 78:1bc-2, 34-38; Phil 2:6-11; Jn 3:13-17

Thursday: 1 Cor 15:1-11; Ps 118:1b-2, 16ab-17, 28; Jn 19:25-27 or Lk 2:33-35

Friday: 1 Cor 15:12-20; Ps 17:1bcd, 6-8b, 15; Lk 8:1-3

Saturday: 1 Cor 15:35-37, 42-49; Ps 56:10c-14; Lk 8:4-15

Sunday: Am 8:4-7; Ps 113:1-2, 4-8; 1 Tm 2:1-8; Lk 16:1-13 [10-13]

TODAY'S READINGS

First Reading: Because Moses interceded, the LORD relented and did not punish the people (Exodus 32:7-11, 13-14).

Psalm: I will rise and go to my father (Psalm 51).

Second Reading: Paul expresses his gratitude for being appointed to the ministry (1 Timothy 1:12-17).

Gospel: There is great rejoicing in heaven when a sinner repents (Luke 15:1-32 [1-10]).

Mass—Intentions

Sat. 9/10 Joseph & Anne Pericak+ (Mary Catalano)

Sun. 9/11 Jeffrey & Michael Pattberg+ (Howard & Mary Pattberg)

Tues. 9/13 Ryan Kaye (Carolyn Bonicard)

Wed. 9/14 Hilary Moore (Carolyn Bonicard)

Thurs. 9/15 Jeffrey H & Michael W. Pattberg+ (M/M Pattberg)

Fri. 9/16 PARISHIONERS

Sat. 9/17 Ron Emma+ (Barbara Emma)

PARISH SUPPORT

Average weekly amounts for the year of 2021

Expenditures \$ 3,666

Regular and debt & maintenance collections \$ 3,799

Attendance: 9/03 Saturday: 72 9/04 Sunday: 102

One can Give without Loving...But one cannot Love without Giving.

Pope's Intention for September:



For the abolition of the death penalty. We pray that the death penalty, which attacks the dignity of the human person, may be legally abolished in every country..

Reflection question:

In what ways do I serve God?

PRAYER OF THE WEEK

Look upon us, O God,
Creator and ruler of all things,
and, that we may feel the working of your mercy,
grant that we may serve you with all our heart.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you
in the unity of the Holy Spirit,
God, for ever and ever.

RELYING ON GOD'S LOVE

Imagine being among those who heard Jesus address the Pharisees and scribes in the encounter we hear in today's Gospel: "What man among you having a hundred sheep and losing one of them would not leave the ninety-nine in the desert and go after the lost one until he finds it?" Would you leave ninety-nine in the desert in order to find one lost sheep? In the parable, Jesus is showing us the depths of God's love, the illogical, incredible love God has for each of us. Moses counted on this loving mercy as he spoke for the wandering people; Saint Paul acknowledges his reliance on it in his letter to Timothy. God desires to draw you close, seeking you when you are lost. Are you ready to be drawn into God's loving embrace?

NO DONUTS OR COFFEE AFTER SUNDAY MASS DURING SEPTEMBER
SEPTEMBER NEWS & EVENTS

Sun., Sept. 11th: *K of C Breakfast returns* after 9:00am Mass. Children in school through 12th grade eats free. Adults \$ 5.00 each. **BEST & CHEAPEAST BREAKFAST IN TOWN.**

Mon., Sept. 12th: *VIRTUS TRAINING at 6:00PM—9:00PM in St. Jude* Please set your profile up with Code of Conduct & submit background check then sign-up for Holy Spirit training.

Tues., Sept. 13th: The Welcome Committee Mtg. 9:30am St. Jude's Hall.

Tues., Sept. 13th: 9:00am Mass. Adoration 9:30am—12:30pm; 6:00-8:00pm.

Wed., Sept. 14th: 9:00am Mass. Cenacle of Life devotion 3:00—4:00pm. Please join us in church as we pray two rosaries for an end to abortion, euthanasia and all sins against the sanctity of human life.

Thurs., Sept. 15th & Fri., Sept. 16th: 9:00am Mass.

Sun. Sept. 18th: No coffee or donuts after 9:00am Mass

Tues., Sept. 20th: 9:00am Mass. Adoration 9:30am—12:30pm; 6:00-8:00pm.

Wed., Sept. 21st: 9:00am Mass. Cenacle of Life devotion 3:00—4:00pm. Please join us in church as we pray two rosaries for an end to abortion, euthanasia and all sins against the sanctity of human life.

Thurs., Sept. 22nd: 9:00am Communion Serv. Fr. Mike will be attending the study day for priests in Tyler

Fri., Sept. 23rd: 9:00am Mass

Sun., Sept. 25th: No coffee or donuts after 9:00am Mass

Tues., Sept. 27th: 9:00am Mass. Adoration 9:30am—12:30pm; 6:00-8:00pm.

Wed., Sept. 28th: 9:00am Mass. Cenacle of Life devotion 3:00—4:00pm. Please join us in church as we pray two rosaries for an end to abortion, euthanasia and all sins against the sanctity of human life. **Potluck Dinner in honor of Deacon John & Cindy Sue at 6:00PM. Signup sheet located in Narthex.**

Thurs., Sept. 29th: 9:00am Mass.

Fri., Sept. 30th: 9:00am Mass

Summit Heights Fellowship would like to know if Holy Spirit is interested in the Fall Festival, Oct. 30th from 5-7pm. There are anywhere 4—5 churches that get involved. I would hate it if were not able to help again this year. We do need a chair person to work with this community wide church event. I have been the chair for nine years, and is unable to be the chair any longer. It's time someone else steps up to help, if not this will be two years in a row we are not able to participate. I will be glad to meet with you and show you what needs to be done. Thank in advance for your help. Bridget Rich

Welcome Committee will have a meeting on Tues., Sept. 13th at 9:30am in St. Jude's Hall.

Please join us if you would like more information about this Committee. If you cannot attend but would still like information call Anna Parker at 903-833-7019 or email: parkerbiz52@yahoo.com

September Second Collections:
10th & 11th: "Catholic University of America."

Legion of Mary—Pilgrim Statue: Our Lady of Fatima Statue is now ready to visit your home. There is a sign-up sheet in the Narthex or you may contact: Marge Clymer, 903-216-7953 or Jane Bidlack, 903-569-7749. If scheduling permits, the Statue may be kept for two weeks.

40 DAYS FOR LIFE
Sept. 28—Nov. 6, 2022
HELP SAVE LIVES IN TYLER!

Vigil location: Outside Planned Parenthood abortion referral center (601 Turtle Creek, Tyler)

Vigil hours: 7am to 7pm daily

Local Contact: Katherine Maxwell-McDonald at kath-max13@att.net

Learn more...get involved...and sign up for prayer times by visiting our campaign at the web address shown below!

40daysforlife.com/tyler



**Parishioners of Holy Spirit
are invited to a
POTLUCK DINNER FOR
Deacon John and Cindy Sue!**

WED., SEPT. 28th

6:00PM

ST. JUDE'S HALL

**PLEASE BRING A DISH TO SHARE!
SIGN-UP SHEET LOCATED IN NARTHEX!**

IMPORTANT VIRTUS TRAINING MONDAY, SEPT. 12th FROM 6:00PM—9:00PM WILL HELD IN OUR ST. JUDE'S HALL—PLEASE GO ONLINE AS DIRECTED BELOW BEFORE YOU CAN ATTEND THIS TRAINING:

If you are **involved in any Ministry at our Parish**, you will need to be compliant on your ethics and integrity training. If you had an online profile with the previous system, then you already have a profile on VIRTUS. If you are new to the parish and have never taken the ethics and integrity training, then you will need to set up an online profile on VIRTUS. **You will be asked to acknowledge the Code of Conduct & submit background check to where you will be directed to Integrated Screening Partners. <http://www.virtus.org> Contact person Justin Mahaffey 903-714-3649 or justin.mahaffey@icloud.com**



The Holy Spirit Food Ministry will be having a Food Drive in October. Check your bulletin for more information that will be coming soon. Also, we would like to thank all our parishioners for their food donations. The large plastic bin is located in the hallway by

Bridget's office. **We are in desperate need of plastic grocery bags.**

Looking for volunteers to get involved with the Food Ministry. Call or email Bob Mailliard at 503-559-6022 or theduckdude@att.net

Thank you, Bob Mailliard; Bryan & Dolly Todd; Stan & Terry Evans; Al Murfin. Holy Spirit Food Ministry Team

Article for the Big Sandy-Hawkins Journal. 7 September 2022 Edition (Submission date: 2 September 2022) Submitted by Randy Munoz

A Celebration in September. (<https://www.history.com/topics/holidays/rosh-hashanah-history>)

Rosh Hashanah, the Jewish New Year, is one of Judaism's holiest days. Meaning "head of the year" or "first of the year," the festival begins on the first day of Tishrei, the 7th month of the Hebrew calendar, which falls during September or October. Rosh Hashanah 2022 begins at sunset, Sunday, September 25th, and ends on the evening of Tuesday, September 27th. Rosh Hashanah commemorates the creation of the world and marks the beginning of the *Days of Awe* (specified in Leviticus 23:23–25), a 10-day period of introspection and repentance that culminates in the **Yom Kippur** holiday, also known as the *Day of Atonement* (Leviticus 23:26-32). Rosh Hashanah and Yom Kippur are the two "High Holy Days" in the Jewish religion. The exact date of Rosh Hashanah varies every year, since it is based on the Hebrew Calendar, where it begins on the first day of the seventh month and is almost always in September or October. Rosh Hashanah is not explicitly mentioned in the Torah, Judaism's founding religious text, and appears under different names in the Bible. The Torah does, however, mention a sacred occasion that starts on the first day of the seventh month of the Jewish calendar around the time Rosh Hashanah is scheduled. Though the holiday was likely well established by the 6th century B.C., the phrase "Rosh Hashanah" shows up for the first time in the Mishna, a Jewish code of law compiled in 200 A.D. ... The Hebrew calendar begins with the month of Nisan, but Rosh Hashanah occurs at the start of Tishrei, when God is said to have created the world. For this reason, Rosh Hashanah can be seen as the birthday of the world rather than New Year's in the secular sense; still, it is on Rosh Hashanah that the number of the civil year increases. The Mishna described three other "new years" in the Jewish calendar in addition to Rosh Hashanah. Nisan 1 was used to resume the cycle of months and measure the duration of kings' reigns. Elul 1 resembled the start of the modern fiscal year and determined the tithing of animals for charity or sacrifice. Shevat 15 calculated the age of fruit-bearing trees and is now celebrated as the minor holiday of Tu B'Shevat.

According to tradition, God judges all creatures during the 10 Days of Awe between Rosh Hashanah and Yom Kippur, deciding whether they will live or die in the coming year. Jewish law teaches that God inscribes the names of the righteous in the "book of life" and condemns the wicked to death on Rosh Hashanah; people who fall between the two categories have until Yom Kippur to perform "teshuvah," or repentance. As a result, observant Jews consider Rosh Hashanah and the days surrounding it a time for prayer, good deeds, reflecting on past mistakes and making amends with others.

Celebrating Rosh Hashanah – Unlike modern New Year's celebrations, which are often raucous parties, Rosh Hashanah is a subdued and contemplative holiday. Because Jewish texts differ on the festival's length, Rosh Hashanah is observed for a single day by some denominations and for two days by others. Work is prohibited, and religious Jews spend much of the holiday attending synagogue. Because the High Holy Day prayer services include distinct liturgical texts, songs and customs, rabbis and their congregations read from a special prayer book known as the machzor during both Rosh Hashanah and Yom Kippur. The sounding of the shofar – a trumpet made from a ram's horn – is an essential and emblematic part of both Rosh Hashanah and Yom Kippur. The ancient instrument's plaintive cry serves as a call to repentance and a reminder to Jews that God is their king. Tradition requires the shofar blower to play 4 sets of notes on Rosh Hashanah: tekiah, a long blast; shevarim, 3 short blasts; teruah, 9 staccato blasts; and tekiah gedolah, a very long blast. Because of this ritual's close association with Rosh Hashanah, the holiday is also known as Yom Teruah – the day of the sounding of the shofar. After religious services are over, many Jews return home for a festive meal steeped in symbolism and tradition. Some choose to wear new or special clothing and to adorn their tables with fine linens and place settings in recognition of Rosh Hashanah's significance. The meal typically begins with the ceremonial lighting of two candles and features foods that represent positive wishes for the new year.

Customs and Symbols of Rosh Hashanah

Apples and honey: One of the most popular Rosh Hashanah customs involves eating apple slices dipped in honey, sometimes after saying a special prayer. Ancient Jews believed apples had healing properties, and the honey signifies the hope that the new year will be sweet. Rosh Hashanah meals usually include an assortment of sweet treats for the same reason.

Round challah: On Shabbat (the Jewish Sabbath) and other holidays, Jews eat loaves of the traditional braided bread known as challah. On Rosh Hashanah, the challah is often baked in a round shape to symbolize either the cyclical nature of life or the crown of God. Raisins are sometimes added to the dough for a sweet new year.

Tashlich: On Rosh Hashanah, some Jews practice a custom known as tashlich ("casting off"), in which they throw pieces of bread into a flowing body of water while reciting prayers. As the bread, which symbolize the sins of the past year, is swept away, those who embrace this tradition are spiritually cleansed and renewed.

"L'shana tovah": Jews greet each other on Rosh Hashanah with the Hebrew phrase "L'shana tovah," which translates to "for a good year." This is a shortened version of the Rosh Hashanah salutation "L'shanah tovah tikatev v'taihatem" ("May you be inscribed and sealed for a good year").



Healthier Eating/ Comer más saludable

Tips on How to Stop Eating So Much Sugar

Go Natural. Sub out foods with lots of added sugar (such as candy or muffins) for ones that are high in natural sugar (such as apples and dates).

Delay the Decision. Want ice cream after lunch? Complete a chore you've been dreading first or take the stairs instead of the elevator. Such negotiations cut down on impulse eating by delaying gratification.

Dilute It. Not ready to give it up just yet? Mix sugary stuff with something that's better for you. Swirl a quarter-cup of ice cream into an equal quantity of blueberries.

Savor Flavor. Studies have found that the first bite of any food yields the most pleasure. When you crave something sweet, try taking just a taste.

Consejos para Dejar de Comer Tanta Azúcar

Ir Natural. Sustituya los alimentos con mucha azúcar agregada (como dulces o muffins) por los que tienen un alto contenido de azúcar natural (como manzanas y dátiles).

Retrasar la decisión. ¿Quieres helado después del almuerzo? Complete una tarea que ha estado temiendo primero o use las escaleras en lugar del ascensor. Tales negociaciones reducen el impulso de comer al retrasar la gratificación.

Diluirlo. ¿Aún no estás listo para dejarlo? Mezcla cosas azucaradas con algo que sea mejor para ti. Agitar un cuarto de taza de helado en una cantidad igual de arándanos.

Saborea Sabor. Los estudios han encontrado que el primer bocado de cualquier alimento produce el mayor placer. Cuando tenga antojo de algo dulce, intente probarlo.

